



THE MEADOWS MENTAL HEALTH POLICY INSTITUTE

**Senate Committee on Health & Human Services:
Invited Testimony on Senate Bill 10**

Andy Keller, PhD | February 12, 2019

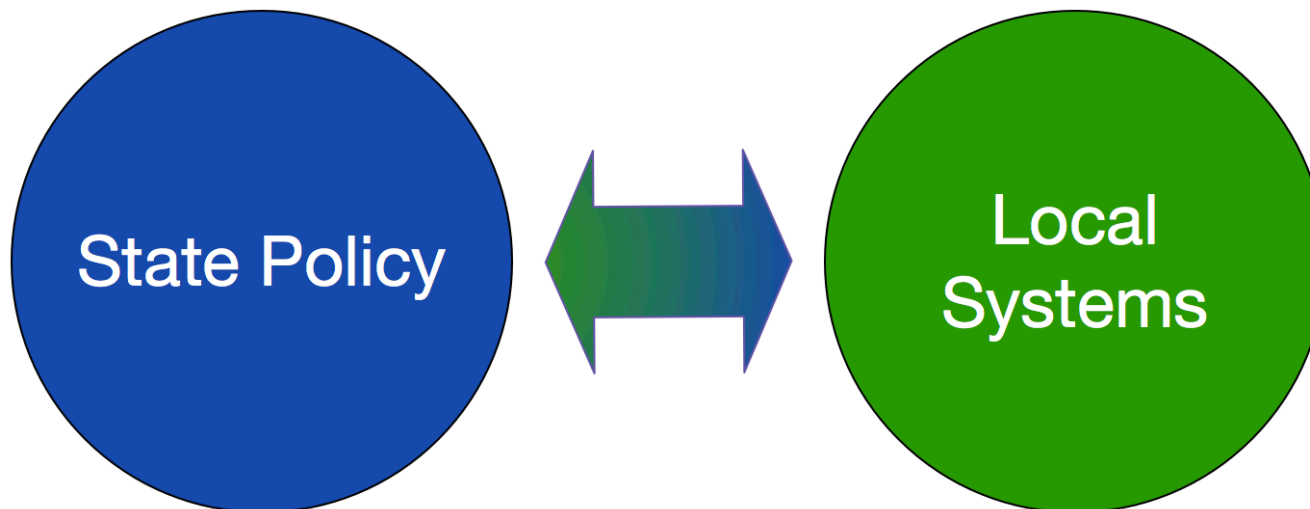
Meadows Mental Health Policy Institute

Vision

We envision Texas to be the national leader in treating people with mental health needs.

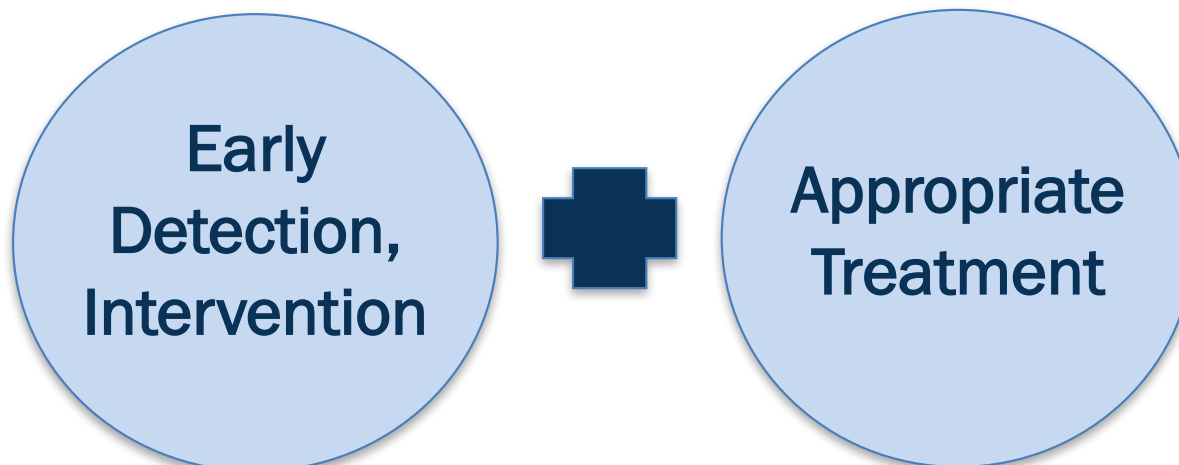
Mission Statement

To provide independent, non-partisan, and trusted policy and program guidance that creates systemic changes so all Texans can obtain effective, efficient behavioral health care when and where they need it.



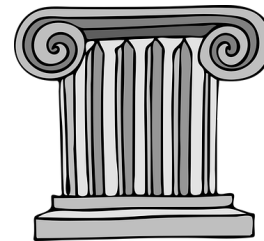
The Progression of Mental Health Conditions

- Half of all mental health conditions manifest by age 14.
- Like all diseases, care works best at this early stage when symptoms are *less severe, more treatable*, and *more readily prevented from escalating* to conditions that increase risk.
- 75% of children with mental health issues *who receive care today* are treated in a primary care setting.
- By young adulthood, **75% of lifetime cases** have presented.



SB 10: Texas Mental Health Care Consortium

- **ACCESS TO CARE:** To coordinate the expansion and delivery of mental health care services by leveraging the infrastructure and expertise of state-funded medical schools and community providers – *to deliver care that we know works.*
- **RESEARCH:** To promote collaborations in mental health and substance use disorder research across Texas university systems to advance the research component of the Statewide Behavioral Health Strategic Plan – *to discover what can work better.*
- **WORKFORCE:** To build a skilled psychiatric workforce for the public mental health system – *to teach new doctors what works.*



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THE MEADOWS MENTAL HEALTH
POLICY INSTITUTE FOR TEXAS



THE HACKETT CENTER

FOR MENTAL HEALTH



The truth is: mental illness affects more people than you may think, and we need to talk about it. It's Okay to say... okaytosay.org